

10

THINGS TO KNOW IN AN EMERGENCY



UVA

Department of Safety & Security

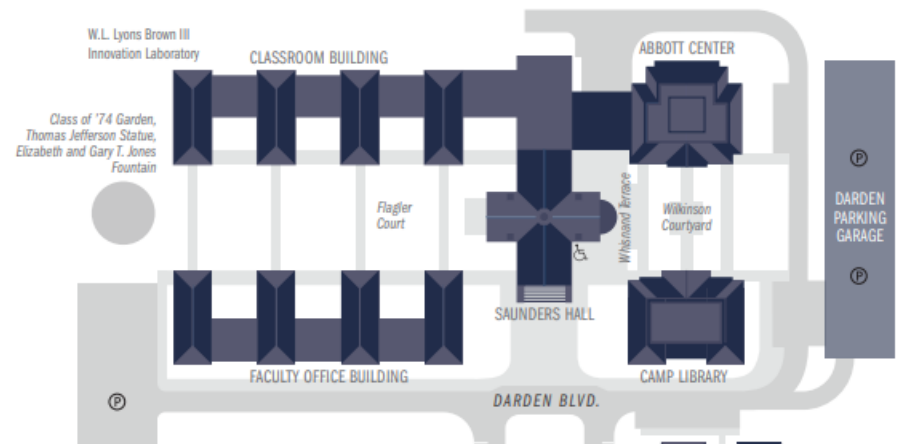
CONTENT **WARNING**

This presentation discusses various hazards, including acts of violence, that may impact the UVA community and is designed to educate and prepare you to deal with those emergencies.

KNOW YOUR **SPACE, EQUIPMENT,** **AND CONTACTS**

Know your Facility:

- Building name and/or address
- Exit routes
- Areas of rescue assistance
- Shelter in place locations
- [Assembly locations/rally point](#)



1

KNOW YOUR **SPACE, EQUIPMENT,** **AND CONTACTS**

Prepare an Emergency Kit:

- Flashlight/extra batteries
- First aid supplies
- Dust mask
- Poncho
- Copies of important documents
- Moist towelettes
- Medications/prescriptions
- Spare glasses
- Bottles of water
- Non-perishable snacks
- Cash



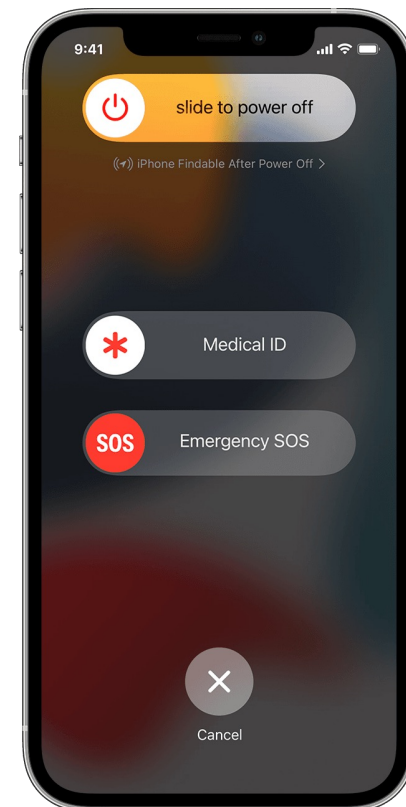
Source: [NBC Washington](#)

KNOW YOUR **SPACE, EQUIPMENT,** **AND CONTACTS**

1

Keep Emergency Contacts:

- Personal
 - Spouse/significant other
 - Emergency contact
 - RA/Roommate
 - Out-of-area contact
- Professional
 - Manager
 - Colleagues
 - Interdependent organization
 - Residents/Resident Director

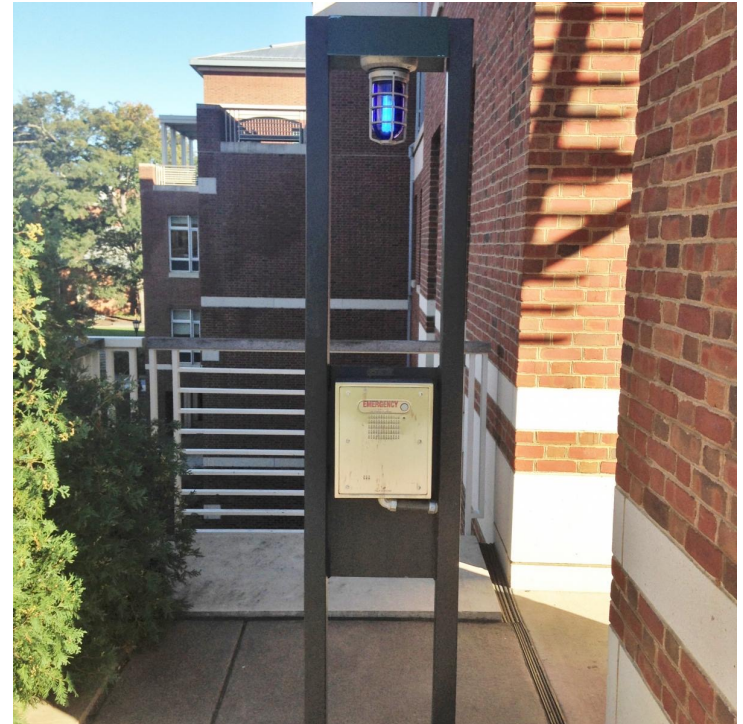


2

KNOW YOUR **SAFETY RESOURCES**

Blue Light Phones

- Located throughout Grounds, UVA garages, and surrounding neighborhoods
- Connect you directly to UVA Police or 9-1-1
- [More information/map](#)



KNOW YOUR **SAFETY RESOURCES**

2



UVA's Mobile Safety App*
Guardian

- Access Safety Resources all in one place
- Text your concerns to UVA Police, even anonymously
- Request a Virtual Escort for you and your friends
- Receive Targeted Alerts based on your location

*Available to all UVA students, staff, and faculty

Download on the  **App Store** GET IT ON  **Google Play**



 **UNIVERSITY of VIRGINIA**
safetyandsecurity.virginia.edu

2

KNOW YOUR **SAFETY RESOURCES**

Ambassadors

Ambassador services include:

- Walking, bicycle and vehicle patrols
- Stationary positions within the patrol zone
- Walking escorts
- Provide information and directions
- Identify individuals in distress or in need of assistance
- Alert police to hazards, medical emergencies or other possible criminal activity
- Engage members of the community in conversations about safety and prevention



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KNOW YOUR **SAFETY RESOURCES**

Late Night Travel

- Awareness of your surroundings
- Buddy system
- Suspicious persons
- [UTS OnDemand](#)
- Ride share safety



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KNOW HOW YOU WILL **HEAR ABOUT AN EMERGENCY**

UVA Alerts

- Activated for imminent threats on University Grounds or proximate areas.



Text Message



Desktops (including all classroom/
UVA Health-branded computers)



Email



Digital Screens



Twitter

(@UVA_EM, @UVAPolice, @HoosSafe)



Outdoor Siren/PA



UVA/UVAEM Webpages



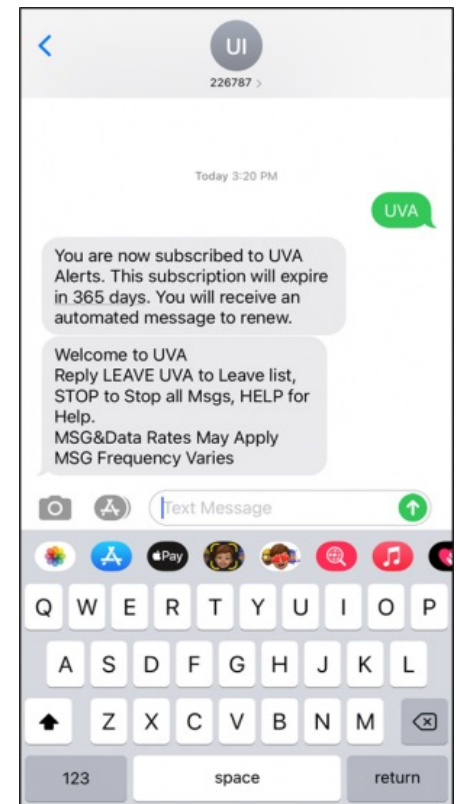
VOCERA Badge/App

3

KNOW HOW YOU WILL **HEAR ABOUT AN EMERGENCY**

Recent Change to Text Alerts

- All Students/Faculty/Staff:
 - Opted in to receive text alerts beginning June 2023
 - Visit <https://uvaemergency.virginia.edu/uva-alerts> to add additional phone numbers
- Parents/Visitors/Public:
 - Text “UVA” to 226787

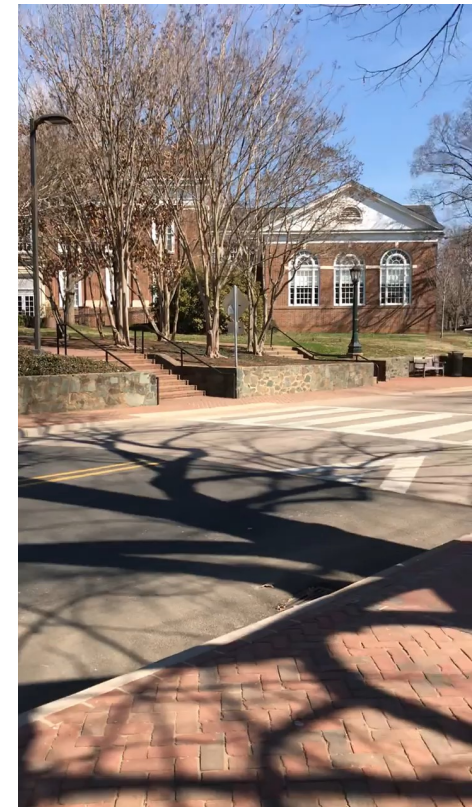


3

KNOW HOW YOU WILL **HEAR ABOUT AN EMERGENCY**

Outdoor Siren

- Activated for three scenarios: Tests, Active Attackers, and Tornadoes
- When activated, immediately check your cell phone, email, or UVAEM website (virginia.edu/emergency) for more information.



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KNOW HOW YOU WILL GET HELP

Calling/Texting 9-1-1

- For any type of emergency, call 9-1-1.
 - Give your name, address, and the nature of the emergency.
- Stay on the line until you are told to hang up.
- Answer questions as clearly as possible. Know that help is on the way.



TEXT TO 911
CALL if you can, TEXT if you can't

ENTER "911" IN THE "TO" FIELD

WRITE A SHORT TEXT WITH:

- YOUR EXACT LOCATION
- IF POLICE, FIRE, OR MEDICAL HELP IS NEEDED

more: uvaemergency.virginia.edu

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KNOW HOW YOU WILL **EVACUATE**

DO

- Secure hazardous materials
- Take wallet/ID, keys, cell phone, emergency kit
- Close doors
- Walk to exits in an orderly manner
- Assist persons with disabilities/special needs
- Move to area of refuge if unable to exit
- Report to assembly area

DO NOT

- Lock doors
- Waste time gathering belongings
- Run
- Use elevators
- Go home/to vehicle without checking in at assembly area

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KNOW HOW YOU WILL **SHELTER-IN-PLACE**

DO

- Secure hazardous materials
- Grab emergency kit (go bag)
- Move to shelter location
- Close and lock doors
- Turn off lights
- Put phones on silent
- Check in with family when safe to do so
- Remain sheltered until instructed it is safe to leave

DO NOT

- Leave doors open
- Waste time gathering belongings
- Run
- Stay on phone

7

KNOW YOUR **ACTIVE THREAT EMERGENCIES**

Active Attacker

- RUN: Evacuate if a safe route is available.
 - Call 911 when safe to do so.
- HIDE: If it is unsafe to escape, hide in an area out of view.
 - Lock the door and block entry; stay behind solid objects away from door.
 - Turn off lights and computers; silence cell phones.
- FIGHT: Prepare to defend yourself if necessary.

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KNOW YOUR **ACTIVE THREAT EMERGENCIES**

Bomb Threats

- Remain calm and attempt to keep the caller on the line as long as possible to gather as much information as possible.
- Write down the caller's phone number; note any distinctive qualities about the caller's voice or background noise.
- Attempt to obtain information on the description, location, and time/method of detonation of the device.
- Call 911 as soon as the call has ended.

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KNOW YOUR **ACTIVE THREAT EMERGENCIES**

Suspicious Object

- Do not touch or disturb object.
- Call 911.
- Prepare to evacuate if instructed.

Suspicious Behavior

- Do not confront, stop, or apprehend the person.
- Note the person's description and suspicious activity.
- Call 911.
- Provide details on the person and his/her direction of travel.

8

KNOW YOUR **WEATHER EMERGENCIES**

Winter Weather

- Hazards: Poor road conditions, power outages, downed trees, structural damage
- Preparedness:
 - Monitor forecasts/alerts
 - Avoid travel
 - Anticipate power outages
 - Pack an emergency kit
 - Wear warm clothing, take breaks when shoveling



8

KNOW YOUR **WEATHER EMERGENCIES**

Severe Weather

- Hazards: Flooding, high winds, lightning, downed trees, power outages, poor visibility, structural damage
- Preparedness:
 - Monitor forecasts/alerts
 - Turn around, don't drown
 - When thunder roars, go indoors
 - Seek shelter away from windows and in the lowest, most-interior room in the building



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KNOW YOUR **WEATHER EMERGENCIES**

Staying Weather Aware

- Weather apps
 - Great for weather alerts!
 - Sources below are better for winter or severe storm forecasts.
- National Weather Service
- Local Media
 - NBC29
 - CBS19
- UVAEM Twitter (@UVA_EM)



NWS Baltimore-Washington ✓

@NWS_BaltWash

Official Twitter Account for National Weather Service Baltimore/Washington. For NWS Posting Policy, click here: [weather.gov/twitter](https://www.weather.gov/twitter)

📍 Sterling, VA 🔗 [weather.gov/washington](https://www.weather.gov/washington) 📅 Joined October 2012

176 Following 66.1K Followers

9

KNOW YOUR **FIRE, HAZARDOUS MATERIAL, AND MEDICAL EMERGENCIES**

Fire

- Activate nearest fire alarm.
- Evacuate; if smoke is present, stay low to the floor.
- Watch out for falling debris; take cover and protect head.
- If you become trapped, tap on a wall or pipe to alert rescuers.
- Call 911 when safe to do so.



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KNOW YOUR **FIRE, HAZARDOUS MATERIAL, AND MEDICAL EMERGENCIES**

Medical Emergencies

- Call 9-1-1 first, then find an AED
- AEDs located across Grounds (see [map](#))
- CPR classes available through the [Life Support Learning Center](#)



10

KNOW HOW YOU WILL **RECOVER AND KEEP INFORMED**

- After an event, UVA will communicate official updates via:
 - UVA Alerts
 - UVA Emergency Website (virginia.edu/emergency)
 - University Hotlines (closings)
 - (434) 243-7669
 - (434) 924-7669
- Other resources of information:
 - Local Media ([NBC29](#), [CBS19](#))
 - Charlottesville [Police](#) and [Fire](#); Albemarle [Police](#) and [Fire](#); [Emergency Communications Center](#)

ADDITIONAL TRAINING

- Routinely exercise procedures – practice evacuating, sheltering-in-place, and taking alternative routes to class/work
- **Fire Safety Training** – [Environmental Health & Safety](#)
- **Active Attacker Training** – [UVA Police Department/Threat Assessment](#)
- **Self-Defense Training** – [UVA Police Department](#)
- **CPR/AED Training** – [Life Support Learning Center](#)
- For other topics not listed, contact [UVA Emergency Management](#)

THANK YOU!

- **UVA Emergency Management**
 - uvaem@virginia.edu
 - virginia.edu/emergency
 - @UVA_EM on Twitter
- **UVA Police Department**
 - police@virginia.edu
 - virginia.edu/uvapolice
 - @UVAPolice on Facebook, Twitter, and Instagram